Overcoming Obstacles

Each person makes a commitment to progress when that person chooses to accomplish personal goals. Find a newspaper article or book about how one person accomplished personal progress despite serious obstacles.

Questions:
Skill: Reading for Ideas
1. What obstacles that this person confronted?
2. What positive influences helped this person to make positive decisions?
3. What are some examples that this person has a strong self-image?
4. How does this person deal with conflicts?
5. What decisions has this person made that will affect progress in the future?
6. Based on what you learned about this person, what do you predict about this person’s progress in the future?

Search for More
Find an article in today’s newspaper about a person who made personal progress. Make up questions about the article that ask for specific information. Make an answer “key” and then give the article and your questions to another student.

Projects
Skill: Research
Search the newspaper, including advice columns, to:
Find examples of hazards of contemporary life for teen-agers.
Collect information about the outcomes of gang involvement, drug use, other threats to personal development.

Skill: Persuasive Writing
Write an advice column modeled on the ones in the newspaper but targeted specifically to adolescents.