

I will have sadness in my clarity for time is what I have, the memory I keep makes me very, very sad.

The strength of my thoughts will keep me living life; it is crazy to think—I have been her twice.

“You don’t want to know what it’s like inside.” Just live your life like a bird outside. I’ll stay in my cage as you end your day—understanding your pain is what I live every day.

Inspired by the painting *The Indestructibles* by Philip Evergood